



## Digestive Disease Consultants

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The Fleet's liquid Phospho-Soda prep is no longer to be used. It has been removed from most store shelves, but should you find yourself able to get hold of liquid sodium phosphate prep, be advised not to use it. We no longer recommend it.

There have now been several reliable reports of kidney toxicity and deterioration of kidney function especially with the use of the liquid Fleet's Phospho-Soda prep and much more rarely with the use of the pill preparations Visicol and OsmoPrep.

OsmoPrep is still safe and effective when used as per our directions by individuals in their 50s or early 60s in the absence of any additional diseases, that is, healthy patients undergoing screening colonoscopy or reevaluation for polyps.

The Visicol and OsmoPrep should **NOT** be used in:

1. Patients over the age of 55.
2. Patients of any age on cardiac or antihypertensive medicines, in particular, the calcium channel blockers, ACE inhibitors, and A2RB's.
3. Patients with diabetes.
4. Patients with kidney stones or any other known kidney disease.

The alternative preps to be used by anyone covered under the above categories would be the NuLytely, Movi or MiraLax prep all of which when used as per our instructions are safe and effective in all individuals covered under the above categories.

Alan N. Schulman, M.D.