

IMPORTANT NOTE: If you eat Red JELL-O it may look red coming out but it is not blood.

Step 2: AT 4:00 PM THE DAY BEFORE YOUR PROCEDURE:

- Take two (2) Dulcolax (Bisacodyl) delayed-release tablets with 8oz of water.
- Do NOT chew or crush the Dulcolax (Bisacodyl) tablets.
- Do not take the Dulcolax (Bisacodyl) tablets within 1 hour of taking an antacid.



Step 3: MIX SOLUTION:

- Add lukewarm drinking water to top of line on bottle.
- Cap the bottle and shake to dissolve the powder.
- The mixed solution will be clear and colorless. Use within 48 hours. Do not add anything else, besides the provided flavor packs, to the solution

Step 4: AT 6:00 PM, START DRINKING THE HALF-LYTELY SOLUTION:



- Drink 1 (8 oz) glass every 10 – 15 minutes (about 8 glasses). Drink each glass steadily, at your own pace. Do not “chug” it.
- A watery bowel movement should begin in approximately 1 hour. **Be sure to drink ALL the solution.**
- Try to drink all of the solution by 8:30 pm.
- You may also have other clear liquids while drinking the

solution to avoid “taste fatigue”.

Step 5: AT 9:00 PM, TAKE TWO (2) MORE DULCOLAX (BISACODYL) TABLETS WITH WATER. THE DAY OF YOUR EXAMINATION

- Take all of your usual morning medications **at least 4 hours prior to your procedure** unless otherwise directed by your physician
- **4 HOURS PRIOR TO YOUR EXAM YOU MUST HAVE NOTHING TO EAT, DRINK, SMOKE OR CHEW.**

Anal Irritation during Colonoscopy Preparation- Many patients complain of anal irritation and burning because of the diarrhea induced by colonoscopy preparation. We recommend using Tucks or any brand of baby wipe followed by a generous application of Vaseline petroleum jelly both to the external anus and the internal anal canal after each watery bowel movement during colonoscopy preparation to prevent this anal irritation.

PLEASE NOTE: IF YOU FIND IT NECESSARY TO CANCEL YOUR PROCEDURE WITHIN 48 HOURS PRIOR TO THE SCHEDULED APPOINTMENT A \$150 CANCELLATION FEE WILL BE CHARGED

If you have any urgent questions after hours, regarding the prep or procedure, please contact the Doctor on call at 301-340-3252