



Digestive Disease Consultants

NAME: _____

We perform procedures at the following locations:

- | | |
|---|---|
| <input type="checkbox"/> GIEA
15005 Shady Grove Road
Suite 200
Rockville, MD 20850 | <input type="checkbox"/> Shady Grove Adventist Hospital
Out-Patient Surgery Center
9901 Medical Center Drive
Rockville, MD 20850 |
|---|---|

Please **ARRIVE** at: _____ on _____
Time Date

PREPARATION INSTRUCTIONS FOR UPPER ENDOSCOPY

- **STOP COUMADIN/WARFARIN _____ DAYS PRIOR TO YOUR PROCEDURE**
- **STOP PAVIX _____ DAYS PRIOR TO YOUR PROCEDURE**
- **TAKE ALL OF YOUR USUAL MORNING MEDICATIONS AT LEAST 4 HOURS PRIOR TO YOUR PROCEDURE UNLESS OTHERWISE DIRECTED BY YOUR PHYSICIAN**

1. **YOU MUST MAKE ARRANGEMENTS FOR SOMEONE YOU KNOW TO DRIVE YOU HOME.**

You may not drive for the rest of the day once the procedure is completed. The sedation, which makes the procedure comfortable, will take time to wear off.

2. **DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR EXAMINATION.** If your appointment is at 10am or later you may have **clear liquids only** (no solid food) up until **4 hours prior** to your procedure.

Clear liquids include, coffee, tea, water, Gatorade, soft drinks, e.g. coke, Pepsi, ginger ale, 7- Up; clear juices – apple, cranberry, grape; Jell-O or other similar gelatin; clear soups, i.e. bouillon or broth. Sugar and/or artificial sweeteners are allowed.

NOT ALLOWED ON A CLEAR LIQUID DIET: Milk, cream, soy milk, artificial creamer, pulpy juices like orange, grapefruit, pineapple, tomato and V-8, all NOT allowed

3. On the day of your procedure, please do not wear perfume, cologne, or scented powders. **Reminder – You may have clear liquids only up until 4 hours prior to your exam, then NOTHING TO EAT, DRINK, SMOKE, OR CHEW.**

PLEASE NOTE: IF YOU FIND IT NECESSARY TO CANCEL YOUR PROCEDURE WITHIN 48 HOURS PRIOR TO YOUR SCHEDULED APPOINTMENT A \$150 CANCELLATION FEE WILL BE CHARGED.

Capital Digestive Care
Digestive Disease
Consultants

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capitaldigestivecare.com