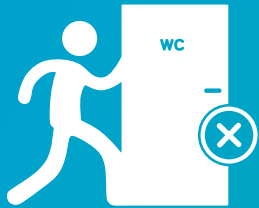


HygiPrep™

A simpler and easier bowel
prep for colonoscopy



No need to run
to the toilet



Get a good
night's sleep



Achieve excellent
outcomes

Excellent GI feedback on colon cleanliness **98%** adequately clean

Excellent patient satisfaction **99%** rate their experience "very good" or "good"

HyGleaCare® Patient Instructions For Prep

Contraindications for HyGleaCare Prep

- Congestive heart failure (New York Heart Association Class III or IV or ejection fraction less than 50%)
- Intestinal perforation
- Carcinoma of the rectum
- Fissures or fistula (particularly in Crohn's disease)
- Severe hemorrhoids which cannot be reduced back into rectum
- Abdominal hernia
- Renal insufficiency (creatinine clearance less than 60ml/min/1.73 m², this is the level which separates mild decline in kidney function from moderate to severe)
- Recent (less than 30 days) colon, rectal or abdominal surgery
- Cirrhosis (with ascites)
- Pregnancy

YOUR BOWEL PREP IS EXTREMELY IMPORTANT! PLEASE READ INSTRUCTIONS CAREFULLY

ONE DAY PRIOR TO PROCEDURE

1. Adhere to a clear liquid diet all day-remember to stay hydrated and **drink plenty of fluids.**

Clear Liquids:

Clear broth, bouillon, apple or white grape juice, popsicles, Jell-O, Gatorade, lemonade, tea, coffee (non-dairy creamer). No purple, red, or orange colors. Nothing solid of any kind.

2. Medication Instructions:

Dulcolax 5 mg stimulant laxative

A. If patient's schedule allows:

- a) Dulcolax (2 tablets) 10 AM
- b) Dulcolax (2 tablets) 1 PM

B. If patient's schedule does not allow:

- a) Dulcolax (2 tablets) 5 PM
- b) Dulcolax (2 tablets) 8 PM



PROCEDURE DAY

1. Take Dulcolax (2 tablets) at:

_____ 8:00am _____

2. Stop all oral intake 4 hours before your arrival time at HyGleaCare (except as indicated below)
 - You may take your essential morning medications (heart, blood pressure or anti-seizure medication) with 2 oz (4 tablespoons) of water 2-4 hours prior to your arrival time at HyGleaCare, unless otherwise directed by your physician.

After your prep is completed, proceed directly to the endoscopy center or hospital. Bring the following to the Endoscopy Center or hospital:

- Responsible adult driver to stay with you and drive you home. Your procedure will not start without your driver present.
- Insurance Cards
- Photo ID



Capital Digestive Care HyGleaCare® Center

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