



Birns, Gloger, Witten & Bhinder, MD

Patient Name: _____

INSTRUCTIONS FOR ERCP (Endoscopic Retrograde Cholangiopancreatography)

Date: _____ **Time of Procedure:** _____

Arrival Time: _____ **with Dr.** _____

Location: _____ Shady Grove Adventist Hospital, Outpatient Surgery Center
9901 Medical Center Dr, Rockville, MD 20850
Phone Number 240-826-7541

ONE WEEK BEFORE THE PROCEDURE

Please do not use any aspirin or aspirin preparations one (1) week prior to the procedure. For Nonsteroidal anti-inflammatory type medications (such as Ibuprofen, Relafen, Voltaren, Indocin, Celebrex, Advil) should be used sparingly during the three (3) days prior to the procedure. Also, if you take Coumadin (warfarin) or Persantine (dipyridamole), Xarelto, or Aggrenox hold these for three (3) days prior to the procedure. There may be other medications that should be discontinued so be sure to consult your doctor. You may take Tylenol if necessary.

You must have someone drive you home. If you plan to take a taxi home, you must have someone to accompany you. You will be ready to be discharged 1 to 1 1/2 hours after your procedure is complete.

Please leave all valuables and jewelry at home.

Please remember we require 72-hour notice for cancellations or rescheduled appointments. If you fail to give 72 hour notice you may be charged a cancellation fee.

DAY BEFORE AND DAY OF PROCEDURE

At 7:00 pm the night before your procedure take 3 Dulcolax Tablets. Do not eat or drink any thing after midnight the day before the procedure. If your procedure is later in the day you may have clear liquids up to six (6) hours before the procedure.

This includes:

- √ Coffee or tea with or without sugar/ artificial sweetener (no milk products or cream substitutes)
- √ Soda or Gatorade
- √ Clear fruit juice, meaning no juices with pulp
- √ Clear broth (beef, chicken, or vegetable) with or without salt and pepper
- √ Water

If any problems or questions arise, please call our office at 301-251-1244, option 3