



Birns, Gloger, Witten & Bhinder, MD

Patient Name: _____

INSTRUCTIONS FOR UREA BREATH TEST

Date: _____

Time of Procedure: _____

Arrival Time: _____

Location: _____ Birns, Gloger, Witten & Bhinder - Rockville Office
9711 Medical Center Drive # 308
Rockville, Maryland 20850
301-251-1244, option 3

_____ Birns, Gloger, Witten & Bhinder – Urbana Office
3280 Urbana Pike # 204
Ijamsville, Maryland 21754
301-810-5252

1. If you are taking Prilosec, Prevacid, Protonix, Aciphex or Nexium please hold two (2) weeks prior to your test. Also no Pepto Bismol two (2) weeks prior to the test. You may restart Prilosec, Prevacid, Protonix, Aciphex, or Nexium after the Urea Breath test is completed.
2. You may take Zantac, Tagamet, Pepcid or Axid during this two (2) week period if necessary.
3. You must come to this appointment after fasting only 1 hour. This includes Nothing to eat, drink, smoke or chew.
4. Your appointment needs to be one month after finishing the H. Pylori medication. Please call the number for the location where you are scheduled to reschedule.
5. You will incur two charges for this test: One from our office (Capital Digestive Care, LLC) for the test administration and sample collection, and one from your insurance delegated lab for the analysis. Please check with your insurance company in advance regarding your coverage for the lab charge.

If any problems or questions arise, please call our office at 301-251-1244 or 301-810-5252.