



**Maryland Digestive
Disease Center**

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Patient Instructions for EGD

Patient Name: _____

Date: _____ **Arrival Time for Procedure:** _____

With Doctor: _____

Location: _____

You will be given sedation for your procedure and **MUST** have a ride **TO** and **FROM** the examination. You **CANNOT** drive yourself and **MUST** be accompanied by a responsible adult. You **MAY NOT** go home on public transportation alone. Pick up time will be approximately 1 hour after the procedure start time.

In order to be properly prepared for your procedure, please review the Pre-Procedure requirements on the attached sheet **one week** prior to your exam and follow the instructions carefully.

Should you have any questions please contact one of our office locations listed below.

***Directions to Ambulatory Endoscopy Center of MD:** Take I 95 to exit 33 A, Route 198 toward Laurel. At first intersection, turn right onto Van Dusen Road. At 5th traffic light, make a right into the Laurel Regional Hospital driveway. The Medical Arts Pavilion is on the right. You should report to Suite 230.*

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<p style="text-align: center;">Appointment Day</p> <p style="text-align: center;">M Tu W Th F</p>	<p>Date _____</p> <p>Arrival Time _____</p>	<p style="text-align: center;">Capital Digestive Care, LLC</p> <p style="text-align: center;">Maryland Digestive Disease Center</p>
<p>Information Regarding EGD</p>	<p>This procedure is an examination that allows the doctor to examine the lining of the esophagus, stomach and duodenum. You will be sedated and asked to lie on your side. The doctor gently inserts the endoscope into your mouth then the tube is passed into the stomach and the duodenum.</p>	
<p>5 Days Before Procedure</p>	<ul style="list-style-type: none"> • Read all instructions carefully • Discontinue Aspirin, Ibuprofen, Advil/Motrin and Anti-Inflammatory Medicines. You may use Tylenol (Acetaminophen) for discomfort. • Discontinue blood thinners/anticoagulation medicines (e.g. Plavix/Coumadin/Warfarin) but take all other medications 	
<p>Day of Procedure</p>	<ul style="list-style-type: none"> • Nothing to eat, drink, smoke or chew from midnight until after your procedure. • If your procedure is after 12 PM, you may have clear liquids up to four hours before your EGD. • <u>You may have NOTHING by mouth 4 hours prior to the procedure.</u> • In A.M., take your heart and blood pressure medication with sips of water • If you are asthmatic, please bring your inhaler with you on the day of your procedure. • If you are unable to read or communicate in the English language, please bring an interpreter with you to translate. <p style="text-align: right;">11/11/13 gg</p>	

You may receive a total of 4 statements; (1) Ambulatory Endoscopy Center (facility services), (2) Capital Digestive Care, Maryland Digestive Disease Center (physician services), (3) Corridor Anesthesia (anesthesia services) and (4) laboratory/pathology charges if performed.

Please note there is a cancellation fee for appointments not cancelled within 48 hours.

