

If you are diabetic and taking glucophage, hold glucophage for 24 hours prior to your procedure. Hold all other oral diabetic medications the morning of your procedure. If you are on either insulin or coumadin, check with your doctor for specific instructions.

THE DAY OF YOUR PROCEDURE

Solid foods and dairy products are not allowed. You can drink only clear liquids *up to four hours before* your procedure. Clear liquids include clear juices such as apple, grape and cranberry, clear broth or bouillon, tea and coffee (without milk or creamer), Jell-O, Italian ices, sodas, Gatorade, Kool Aid and water. Make sure your lemonade, orange or grapefruit juice does not have any pulp.

During the 4 hours before your procedure, take nothing by mouth, not even water.

Please bring any inhalers that you may use to your procedure. Please do not wear any perfumed products to the appointment.