



Birns, Gloger, Witten & Bhinder, MD

Patient Name: _____

INSTRUCTIONS FOR UREA BREATH TEST

Date: _____ **Time of Procedure:** _____

Arrival Time: _____

Location: _____ Birns, Gloger, Witten & Bhinder - Rockville Office
9711 Medical Center Drive # 308
Rockville, Maryland 20850
301-251-1244

_____ Birns, Gloger, Witten & Bhinder– Urbana Office
3280 Urbana Pike # 204
Ijamsville, Maryland 21754
301-810-5252

1. If you are taking Prilosec, Prevacid, Protonix, Aciphex or Nexium please hold two (2) weeks prior to your test. Also no Pepto Bismol two (2) weeks prior to the test. You may restart Priolosec, Prevacid, Protonix, Aciphex, or Nexium after the Urea Breath test is completed.
2. You may take Zantac, Tagamet, Pepcid or Axid during this two (2) week period if necessary.
3. You must come to this appointment after fasting only 1 hour. This includes nothing to eat, drink, smoke or chew.
4. Your appointment needs to be one month after finishing the H. Pylori medication. Please call 301-251-1244 option 3 to schedule.
5. You will incur two charges for this test: one from our office (Capital Digestive Care) for the test administration and sample collection, and one from the laboratory (Dianon) for the analysis. Please check with your insurance company in advance regarding your coverage for the Dianon lab charge.

If any problems or questions arise, Please call our office at 301-251-1244.